

## Communication and Language

Time for some more alliteration fun!

Lets start by remembering what alliteration is and thinking about what we did yesterday. Can you find 3 things (different to yesterday) that start with the same sound. Go!

**Today's challenge:** Lets make some Silly Soup! My silly soup has tomatoes, toast and tuna! That is very silly! Can you make your own silly soup and think of 3 ingredients that have the same sound. Can you draw your silly soup and write the letter sound next to each ingredient? Have a go!

Now, have a go at the “I Spy” challenge attached. Can you find some pictures that have the same sound? E.g. cow and carrot.

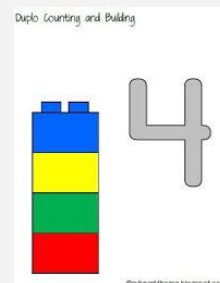
### Maths:

Let's warm up our brains and bodies by joining in with the counting video below:

[https://www.youtube.com/watch?v=\\_MVzXKfr6e8](https://www.youtube.com/watch?v=_MVzXKfr6e8)

**Now it's time to think about order irrelevance again. Have a go at these challenges:**

1. Complete the plane powerpoint attached- this will focus on counting and order irrelevance- it will get your brains working hard!
2. Using Lego/duplo (or anything you can build a tower with) can you build a tower using 3 bricks, a tower using 4 bricks and a tower using 5 bricks (it will visually help if each Lego piece is a different colour). When you have built your towers, swap the bricks around into a different order. **Grown ups,** prompt your children by asking- How many do you have now? And then confirm- That's right, still the same amount. You have changed the order of the bricks in the tower, but you haven't add/taken away any bricks.



## Nursery Home Learning

### Topic

Yesterday we started to think about the people who look after us when we are unwell, today we get to meet **Nurse Murray-John** who talks to us about her job and the equipment she needs. Video.

We have found out that the job of a nurse is to look after patients **but also** that we can look after ourselves by staying healthy.

1. Your first job for today is to explore the NHS change for life website. Here there are some fantastic ideas for staying fit and healthy as a family. Can you help organise your family meals for the week thinking about foods that are healthy for you to eat?
2. The adult who looks after you is going to give you 10 items from the fridge or the cupboard. Can you order these items into two groups? One under the title healthy foods, and the other under the title unhealthy foods.  
**What do you notice about healthy foods?**
3. When we talk about eating healthy, we are told to 'eat the rainbow' - what do you think this means? For lunchtime today, can you prepare yourself a rainbow fruit kebab?

\*I challenge you to eat one fruit that you have not tried before!

### Today's Physical Challenge

Can you complete the NHS change for life 10 minute Simba shake-up?!

<https://www.nhs.uk/10-minute-shake-up/shake-ups/simbas-jungle-skills>

**And finally...**

### Day 1

We'd love to see what you've done today. Upload some pictures to your child's school 360 journal. Don't forget to email if you have any questions or concerns.

change  
4 life

