

# Summer Menu 2019

5 April 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>					
<b>MAIN COURSE</b>	Mince Pie Mashed potato	Thai Chicken Curry & Rice	Roast Pork Stuffing Balls Roast Potatoes	Bacon and cheese Macaroni	Salmon fish cake
<b>VEGETARIAN MAIN COURSE</b>	Veggie sausage Mashed potato	Basil and tomato pasta	Roast Quorn	Courgette and red onion Risotto	Cheese or tuna panini
<b>VEGETABLES</b>	Peas Sweetcorn	Green beans Carrots	Carrots Broccoli	Farmhouse Vegetables	Chips Peas
<b>DESSERT</b>	Frozen yoghurt Shortbread	Steamed chocolate sponge and custard	Summer fruit crumble ice cream	Cheesecake	Carrot cake Milk
<b>WEEK 2</b>					
<b>MAIN COURSE</b>	Chicken and bacon Fricassee Steamed rice	Lasagne, Crusty Bread & Salad	Roast Turkey Stuffing Balls Roast Potatoes	Pork sausage New potatoes Baked beans	100% cod Fish fingers
<b>VEGETARIAN MAIN COURSE</b>	Mascarpone and spinach pasta	Vegetable Tacos Fruity Couscous	Roast Quorn	Quesadilla Rice salad	Quorn burger
<b>VEGETABLES</b>	Mixed Vegetables	Farmhouse Vegetables	Carrots Green Beans	Carrots Broccoli	Chips Peas
<b>DESSERT</b>	Fruit Salad/Ice Cream or Cheese & Biscuits	Semolina with fruit sauce	Raspberry & yogurt cake / Apple juice	Cherry and coconut cookie / Milk	Blueberry Muffin Milk
<b>WEEK 3</b>					
<b>MAIN COURSE</b>	Spaghetti and meat balls	Make your own Chicken wrap	Roast Beef Yorkshire Pudding Roast Potatoes	Chicken casserole Mashed potato	Scampi
<b>VEGETARIAN MAIN COURSE</b>	Stuffed jackets Vegetable sticks	Frittata New potatoes	Roast Quorn	Quorn and vegetable bolognaise	Pizza
<b>VEGETABLES</b>	Mixed vegetables	Salad	Carrots Parsnips	Farmhouse Vegetables	Chips Peas Sweetcorn
<b>DESSERT</b>	Eve's Pudding Custard	Fruit jelly Ice cream	Chocolate Orange Crunch	Iced cake Apple juice	Apricot Flapjack Milk

## AVAILABLE DAILY

Yoghurts • Fresh Fruit • Oaty Biscuits • Fruit Jelly Pots • Flapjacks

## AVAILABLE DAILY

<b>THE FILLING STATION</b> KEY STAGE 2 CHILDREN ONLY	Quesadilla Assorted Sandwiches, Wraps and Salad Bowls	Assorted Paninis Assorted Sandwiches, Wraps and Salad Bowls	A selection of Sandwiches, Wraps and Salad Bowls	Pasta King Various Toppings Assorted Sandwiches, Wraps and Salad Bowls	Fish fillet in a bread roll Assorted Sandwiches, Wraps and Salad Bowls
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