

# Nursery Home Learning

**How are you Rolling?**

**Today we are going to get active and have fun!**

Let's warm up with our **'make a shape'** game. Play some music, have a boogie and when the music stops, make a shape with your body! The stretchier the better. You might balance on hands and feet, have your back on the floor... the possibilities are endless!

**Now let's roll!**

Can you do a **sausage roll**? Lie flat on the floor with your arms above your head and roll yourself right over. Can you do this from the top to the bottom of your living room?

Today's big challenge is the **egg roll** (or sometimes called the teddy bear roll). Watch the video and then have a go!

Let us know how you get on!

## Perfect Writing Challenge!

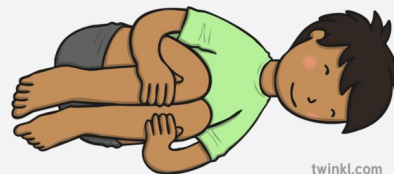
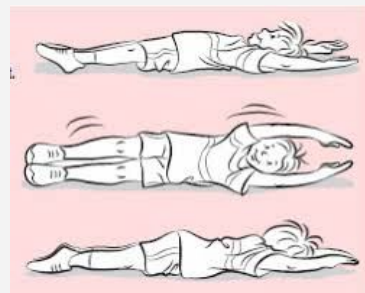
Get out your felt tip pens or your coloured pencils and your challenge is to have a go at writing your name.

Think carefully about your pencil grip and letter formation!

Grown ups- challenge your child by asking what is the first sound in your name? Can you hear what comes next?

Can you write your name big, small, each letter a different colour of the rainbow?  
**Have fun!**

**Friday**





## Nursery Home Learning

### Topic

It's fun day Friday so let's have a bit of choice today!

If you'd like to be an investigator again, here's the link to an experiment that you could try

[https://www.youtube.com/watch?v=\\_DQGAcqhkGs](https://www.youtube.com/watch?v=_DQGAcqhkGs)  
(butter will work fine in this experiment!)

Or, you could be an artist... we've included a PDF of lots of different penguin scenes.

Could you use these as inspiration to draw or paint your own?

Or, you could snuggle up and watch some footage of these amazing Antarctic creatures!

<https://www.bbc.co.uk/programmes/p01460gm>

Hopefully everyone can enjoy Mrs Grimes' very silly song about penguins. It's a great one for a giggle at the end of another Lockdown week!

Happy weekend everyone!



### Today's Physical Challenge!

Why not get your body really insulated so that you don't get cold and go out and enjoy some time outside. Will you ride your bike, scoot on your scooter or just have a nice walk?

### Day 5

We'd love to see what you've done today. Upload some pictures to your child's school 360 journal. Don't forget to email if you have any questions or concerns.