

# Swansfield Park Primary School

## Summer Menu 2022

WEEK 1	Meat Free Monday	Around the World Tuesday	Roast Dinner Wednesday	Great British Thursday	Fishy Friday
Main Course	Jacket Potato Beans and cheese Carrot and sultana salad	Spaghetti Bolognese Salad Garlic Bread	Roast Gammon Roast potatoes Cauliflower Cheese, Carrots	Chicken Pie Mashed Potato Broccoli, Carrots	Fish fingers Chips and Peas
Dessert	Frozen Yogurt and Shortbread	Fruity Flapjack	Iced Lemon Cake	Chocolate orange brownie	Cheese & Crackers

WEEK 2	Meat Free Monday	Around the World Tuesday	Roast Dinner Wednesday	Great British Thursday	Fishy Friday
Main Course	Tomato, Mascarpone and Basil Pasta Garlic bread and salad	Chicken Curry & Rice	Roast Beef Yorkshire Pudding Roast potatoes Green Beans, Carrots	Bangers and Mash Baked Beans	Fish Chips and Peas
Dessert	Raspberry and Orange Muffin	Jelly and ice-cream	Strawberry Mousse	Chocolate Sponge and Custard	Carrot Cake

WEEK 3	Meat Free Monday	Around the World Tuesday	Roast Dinner Wednesday	Great British Thursday	Fishy Friday
Main Course	Macaroni Cheese Mixed Salad	American Beef Burger in a Bun Sweetcorn Coleslaw	Roast Pork and stuffing Roast potatoes Cabbage, Carrots	Minced Beef Pie New potatoes Mixed vegetables	Scampi & Chips Peas
Dessert	Summer fruit Crumble and custard	Apricot yogurt cake	Mandarin Orange Cheesecake	Rice Pudding and Fruit Sauce	Shortbread and Milkshake

- All main courses will be served with seasonal vegetables or salad
- Fresh Fruit and Yogurts will be available as well as the daily pudding
- Vegetarian meals and special dietary requirements can be accommodated on request, but please give 24 hours notice.

