

Swansfield Park Primary School Summer Menu 2022

| WEEK 1 | Meat Free Monday | Around the World Tuesday | Roast Dinner Wednesday | Great British Thursday | Fishy Friday |
|-------------|---|--|--|---|--------------------------------|
| Main Course | Jacket Potato Beans and cheese Carrot and sultana salad | Spaghetti Bolognese Salad Garlic Bread | Roast Gammon Roast potatoes Cauliflower Cheese, Carrots | Chicken Pie Mashed Potato Broccoli, Carrots | Fish fingers Chips and Peas |
| Dessert | Frozen Yogurt and Shortbread | Fruity Flapjack | Iced Lemon Cake | Apple Crumble and custard | Cheese and Crackers |

| WEEK 2 | Meat Free Monday | Around the World Tuesday | Roast Dinner Wednesday | Great British Thursday | Fishy Friday |
|-------------|--|---|--|---------------------------------|--------------------------|
| Main Course | Tomato, Mascarpone and Basil Pasta Garlic bread and salad | Thai Chicken and Butternut Squash Curry Jasmine Rice | Roast Beef Yorkshire Pudding Roast potatoes Green Beans, Carrots | Bangers and Mash Baked Beans | Scampi Chips and Peas |
| Dessert | Raspberry and Orange Muffin | Jelly and ice-cream | Strawberry Mousse | Chocolate Sponge and Custard | Carrot Cake |

| WEEK 3 | Meat Free Monday | Around the World Tuesday | Roast Dinner Wednesday | Great British Thursday | Fishy Friday |
|-------------|----------------------------------|--|---|---|--------------------------|
| Main Course | Macaroni Cheese Mixed Salad | American Beef Burger in a Bun Corn on the cob Coleslaw | Roast Pork and stuffing Roast potatoes Cabbage, Carrots | Minced Beef Pie New potatoes Mixed vegetables | Fish & Chips Peas |
| Dessert | Summer fruit Crumble and custard | Apricot yogurt cake | Mandarin Orange Cheesecake | Rice Pudding and Fruit Sauce | Shortbread and Milkshake |

- All main courses will be served with seasonal vegetables or salad
- Fresh Fruit and Yogurts will be available as well as the daily pudding
- Vegetarian meals and special dietary requirements can be accommodated on request, but please give 24 hours notice.

