

Reception Home Learning



Penultimate Read write Inc, we're on the home straight folks!

- 1. Sounds, red and green words
- 2. https://phonicsplaycomics.co.uk/comic_ph2_sit.html
- 3. Have a go at reading this fun comic. You need to click on comic and then choose 'sit'
- 4. Encourage your child to design his/her own cat to sit in its bowl. Then have a go at writing: sit in it.



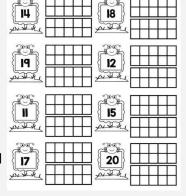
Mathematical Development

Let's find out about teen numbers!

Our Learning: Recognising, ordering and understanding teen numbers

Today, we'd very much like you to do what your son/daughter is ready to do. If they are still learning to recognise and order the teen numbers then:

Use your number cards and paper numicon pieces and have a go at turning a card over and making that numicon with the ten piece ond the appropriate 'ones' piece.



Buggy Ten Frames

If your son/daughter is confident with recognition of the teen numbers then have a go at the PDF sheet attached. If you don't have a printer, just quickly draw out some tens frames to work from. Ideally, you should explain this task and then let your child get on independently so that they can show you what they know.



Tuesday



Reception Home Learning

<u>Topic</u>

Yesterday we started to think about the people who look after us when we are unwell, today we get to meet **Nurse Murray-John** who talks to us about her job and the equipment she needs. Video.

We have found out that the job of a nurse is to look after patients **but also** that we can look after ourselves by staying healthy.

- You first job for today is to explore the NHS change for life website. Here there are some fantastic ideas for staying fit and healthy as a family. Can you help organise your family meals for the week thinking about foods that are healthy for you to eat?
- 2. The adult who looks after you is going to give you 10 items from the fridge or the cupboard. Can you order these items into two groups? One under the title **healthy foods**, and the other under the title **unhealthy foods**. In Reception we use something called a venn diagram to demonstrate this. Some food items are both healthy and unhealthy to a certain extent so using two large overlapping circles means we can sort and order items into different groups but also include a middle section for items that do not belong in just one of the groups.

What do you notice about healthy foods?

3. When we talk about eating healthy, we are told to 'eat the rainbow' - what do you think this means? For lunchtime today, can you prepare yourself a rainbow fruit kebab?

*I challenge you to eat one fruit that you have not tried before!

Today's Physical Challenge

Can you complete the NHS change for life 10 minute Simba shake-up?!

https://www.nhs.uk/10-minute-shake-up/shake-ups/simbasjungle-skills

Day 1 And finally...

We'd love to see what you've done today.

Upload some pictures to your child's school 360 journal.

Don't forget to email if you have any questions or concerns.

change 4 Life



Venn Diagram Food Groups

