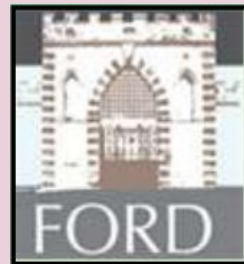


# Ford Castle

## 2024



# WHEN?

## JUNE 2024

SUN	MON	TUE	WED	THU	FRI	SAT
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	1	2	3	4	5	6

# WHO?



# WHY?

Our Ford Castle residential provides an opportunity to learn and develop through exciting, memorable and fun experiences.

# WHERE?



Ford is a Medieval English Castle in the beautiful Northumberland countryside.



The castle is set in acres of private grounds, with a range of on-site adventure activities.



# WHAT?



**Aeroball**



**Archery**



**Sensory Trail**



**Zip Wire**



**Challenge Course**



**Fencing**

# WHAT?

## Day 1 - Wednesday

Arrive at school

*(8:30am)*

Safety talks

Travel to Ford Castle

*(11 - 12pm)*

Lunch

Settle into dormitories

Afternoon activities

*(2 - 6pm)*

Dinner

Twilight activities

Sleep (hopefully)

## Day 2 - Thursday

Breakfast

Morning activities

*(9am - 1pm)*

Lunch

Afternoon activities

*(2 - 6pm)*

Dinner

Twilight activities

Sleep (more likely)

## Day 3 - Friday

Breakfast

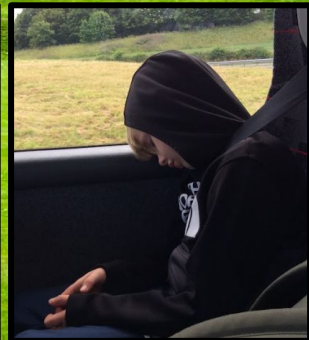
Morning activities

*(9am - 1pm)*

Lunch

Travel back to school

Sleep (definitely)



# HEALTH AND SAFETY

Safety is our top priority.

Instructors at Ford hold the necessary qualifications (GNAS, BUC, BFA and First Aid) and check equipment before and after every use.

Activity appropriate equipment is provided for every student, including harnesses and helmets where necessary.

We complete all the required risk assessments in advance of the trip, which are then approved by Northumberland County Council.



# HEALTH AND SAFETY





## Ford Castle 2023

### Visit Type & Date

ID:	240298
Establishment:	<a href="#">Swansfield Park Primary School</a> (01665602267)
Overseas:	
Residential:	<input checked="" type="checkbox"/>
Adventurous:	<input checked="" type="checkbox"/>
Adventurous (led by establishment staff):	
None of the Above:	
Dates:	12/07/2023 - 14/07/2023 (3 days)
EVC:	Charlotte Murdy

### Staffing & Participants

Leader Name:	<a href="#">Craig Warburton</a> - Male
Attendee Group:	Year 4: (8-9 yrs.)
Attendees on Reg:	0
Intended Attendees:	35(M=18 F=17) 
Staff (Employees):	<a href="#">Amy Olivier</a> , <a href="#">Ewelina Sapor</a> , <a href="#">Amy Smith</a> , <a href="#">Tanya Thompson</a> , <a href="#">Victoria Young</a> ,
Volunteers:	
Staffing:	6 Employees + 0 Volunteers = 6 Staff 

### External Providers & Destination

Provider/Venue:	External Provider: <a href="#">PGL Ford Castle</a> ( ) LotC QB No: 105150 (expires: 01/06/2024 PLI: £20000000)
Venue/Accommodation address:	<a href="#">PGL Ford Castle</a> ( <a href="#">TD15 2PX</a> )

### Travel Arrangements

Travel Method:	Hired Coach/Minibus with Driver
Travel Company:	<a href="#">Travelsure</a> (01665 720955 )

### Purpose & Activities

Primary Purpose:	Adventure
------------------	-----------

# HEALTH AND SAFETY



PGL, Ford Castle holds the Quality Badge awarded by the Council for Learning Outside the Classroom and are a full member of BAPA (British Activity Providers Association)

A range of adventure activities are offered on site and children are encouraged to challenge themselves every day.



# WHERE WILL WE BE SLEEPING?

We sleep in dormitories inside the castle.

Everyone will be with at least one chosen friend.

There are adjacent bathroom facilities.

Teachers' dorms are nearby, usually right next door.



# WHERE WILL WE BE SLEEPING?

## Ford Castle Residential

### Friendship Groups

Please choose **four** friends that you would like to share a room with and return this form to school as soon as possible. Please note that activity groups will be different from dormitory groups; you will be mixing with different people over the course of the three days.

You will share a room with at least **one** of your friends.

My name: \_\_\_\_\_

My friends' names: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



# WEDNESDAY'S LUNCH

There is always a vegetarian option available, allergies are catered for and staff are very accommodating.

Available everyday:  
homemade soup (ve) with  
bread roll (v)

Homemade Beef Bolognese ⓘ

*Beef mince cooked in a traditional Bolognese sauce*

Homemade Vegetable Ratatouille v ve ⓘ

*Courgettes, onions and mixed peppers in tomato sauce*

Homemade Bacon Carbonara ⓘ

*Bacon in a white creamy sauce*

Garlic Bread v ⓘ

Penne Pasta v ve ⓘ

Cheese Roll v ⓘ

Chicken Roll ⓘ

Tuna Mayo Roll ⓘ

Ham Roll ⓘ



# WEDNESDAY'S DINNER

Chicken Tikka Masala ⓘ

*Chicken strips in a mild tikka sauce with carrots and potatoes*

Vegetable Korma v VE ⓘ

*Mixed vegetables cooked in a mild korma sauce*

Pork Sausage Roll ⓘ

*Pork shoulder sausage meat wrapped in traditional golden puff pastry*

Penne Pasta with Tomato Sauce & Grated Cheese v ⓘ

Potato Wedges v VE ⓘ

White Rice v VE ⓘ

Garden Peas v VE ⓘ

Carrots v VE ⓘ

Chocolate Ring Doughnut v ⓘ

*Ring doughnut topped with chocolate flavour icing*

# THURSDAY'S BREAKFAST

Available every day: porridge, cereal, yoghurt (v), white or brown toast (ve) & jam.

Sausage ⓘ

Vegetable Sausages v ve ⓘ

Fresh Mushrooms v ve ⓘ

Baked Beans v ve ⓘ

Hash Browns v ve ⓘ

# THURSDAY'S LUNCH

Available everyday:  
homemade soup (ve) with  
bread roll (v)

Battered Chicken Chunks ⓘ

*Chicken breast chunks coated in a light batter*

Vegetable Nuggets v ve ⓘ

*Breaded vegetable nuggets*

Chicken Roll ⓘ

Sweet Chilli Sauce v ve ⓘ

Sweetcorn v ve ⓘ

Potato Puffs v ve ⓘ

Garden Peas v ve ⓘ

Ham Roll ⓘ

Chicken & Tomato Fried Rice ⓘ

Cheese Roll v ⓘ

Tuna Mayo Roll ⓘ

# THURSDAY'S DINNER

Breaded Garlic Chicken ⓘ

*Chopped and shaped chicken breast coated in batter and crumb with a garlic & parsley butter filling*

Homemade Vegetable Lasagne v VE ⓘ

*Made with mixed vegetables and topped with vegan cheese style sauce*

Homemade Beef Lasagne ⓘ

*Homemade lasagne topped with cheddar & mozzarella cheese*

Penne Pasta with Tomato Sauce & Grated Cheese v ⓘ

Fresh Broccoli v VE ⓘ

Garlic Roasted Baby Potatoes v VE ⓘ

*Baby potatoes, oven roasted with garlic and herbs*

Garlic Bread v ⓘ

Carrot & Swede Mash v VE ⓘ

Cheesecake v ⓘ

# FRIDAY'S BREAKFAST

Available every day: porridge, cereal, yoghurt (v), white or brown toast (ve) & jam.

Bacon ⓘ

Vegetable Sausages v ve ⓘ

Fresh Mushrooms v ve ⓘ

Baked Beans v ve ⓘ

Hash Browns v ve ⓘ

# FRIDAY'S LUNCH

Available everyday:  
homemade soup (ve) with  
bread roll (v)

Harry Ramsden™ Battered Fish ⓘ

*Harry Ramsden's™ MSC, pollock fillets in a flash fried crispy golden batter*

Jumbo Pork Sausage ⓘ

Quorn™ Fishless Fingers v VE ⓘ

*Vegan fishless fingers*

Chip Shop Curry Sauce v ⓘ

Skinny Fries v VE ⓘ

Mushy Peas v VE ⓘ

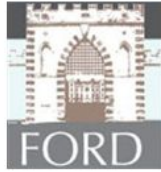
Tuna Mayo Roll ⓘ

Cheese Roll v ⓘ

Chicken Roll ⓘ

Ham Roll ⓘ

# WHAT WILL I NEED?



## Ford Castle - Kit List

### Essential Items

- 1 bath towel
- Toilet bag containing toothbrush, toothpaste, facewash, hairbrush / comb, soap, shampoo etc.\*
- Pyjamas
- Several pairs of socks and underwear
- 4 t-shirts, shirts or blouses, at least 2 with long sleeves
- 2 sweatshirts, 1 thick and 1 light
- 3 pairs of trousers and/or tracksuit bottoms
- Waterproof jacket & trousers (**These are a MUST**)
- 2 pairs of trainers (1 old pair for activities, as they will undoubtedly get caked in mud!)
- 1 pair of indoor shoes (e.g. Crocs)
- Large plastic bag for dirty clothes
- Small backpack for during the day
- Sun hat
- Sun lotion
- Water bottle
- Disposable camera
- Book
- Teddy
- £10 pocket money



As delightful as the smell of room full of people covering themselves in Lynx Africa with an undertone of sweaty socks is, the smoke detectors are very sensitive so we ask children to bring roll-on deodorant rather than a spray!

# WHAT WILL I NEED?

- We **WILL** get extremely muddy so please send old clothes, NOT your child's newest outfits and the latest fashions!
- Please name all clothing and put a packing list in the bag. Please also pack the bag with your child so that they know what they have and where it is!
- Remember that your child will have to carry their own bag to and from the bus.
- Long hair must be tied back for all activities.
- No electronics (mobile phones, computer games, mp3 players, iPads etc.)
- No sweets, food or drinks. There will be plenty of food, your child will not go hungry! Drinks are provided regularly during the day.

# BY MONDAY 6<sup>TH</sup> MAY

## PARENTAL CONSENT FORM

### CONFIDENTIAL

(To be distributed with full details of the visits)

### CONSENT FOR PARTICIPATION IN THE OFF-SITE VISIT:

#### Visit to:

Ford Castle - Year 4 Residential

Date/Time: From ... Wednesday 5<sup>th</sup> June 2024 ... To ... Friday 7<sup>th</sup> June 2024 ...

I agree to my son/daughter ( name) ... taking part in the above visit. I

have received and read details of the above visit, and agree to his/her participation in any or all of the activities outlined in the letter to parents apart from ( see 1.1 below). I acknowledge the need for obedience and responsible behaviour on his or her part. I understand that as part of the planned transport arrangements, and in an emergency, it may be necessary for young people to be transported in staff vehicles.

1.1. If there are any activities, in which your child cannot participate, please give details:

If water activities are involved, is your child confident in water? Yes ☐ No ☐ N/A ☐

### MEDICAL INFORMATION, DECLARATION AND CONSENT:

In your child's interest, it is important that the school should know whether he or she has any illness or medical condition.

2.1 Son/daughter's date of birth: ...../...../.....

2.2 Does your child suffer from any conditions of which the teacher leading the visit should be aware?

Yes ☐ No ☐ N/A ☐

## Ford Castle Residential

### Friendship Groups

Please choose **four** friends that you would like to share a room with and return this form to school as soon as possible. Please note that activity groups will be different from dormitory groups; you will be mixing with different people over the course of the three days.

You will share a room with at least **one** of your friends.

My name: \_\_\_\_\_

My friends' names: \_\_\_\_\_

**Please also make sure that you have let the office know which type of hat you would like.**

# DON'T WORRY, THERE ISN'T A TEST!



**Swansfield Park Primary School**  
Children's learning at the heart of our community



[Home](#) [Our School](#) [Curriculum](#) [Health & Safety](#) [Special Educational Needs & Disabilities](#) [Info for Parents/Carers](#)

[Year 4 Residential 2024](#) [Classes](#) [Calendar](#) [News](#) [Vacancies](#) [Thrive Approach](#) [Blended Learning](#) [Year 6 Residential 2024](#)

[Tic Tac Out of School / Holiday Club](#) [Contact](#)

## Parent Information

No doubt your child is buzzing with excitement for the upcoming residential trip on Wednesday 5th June to Friday 7th June!

On this page you will find all the information that you and your child will need before they embark on their first school residential. If there is anything else you need, or any questions that you have, please don't hesitate to contact your child's class teacher via the email address on their class homepage.

 [Presentation to Parents \(30 April 2024\)](#)

 [Kit List 2024](#)

 [Parental Consent Form](#)

 [Dormitory Friendship Form](#)

 [Menu](#)

 [Ford Castle Website](#)