

Summer Menu 2017

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1					
MAIN COURSE	Tuna & Sweetcorn Pasta Bake	Chicken Pie Mashed Potato	Roast Gammon Roast Potatoes	Thai chicken & sweet potato curry Steamed rice	Scampi
VEGETARIAN MAIN COURSE	Red Pepper Spanish Frittata	Quorn & Lentil Moussaka	Sweet Chilli Noodles	Spinach & Ricotta Pasta	Margarita Pizza
VEGETABLES	Mixed Vegetables	Peas Sweetcorn	Carrots Green Beans	Broccoli Carrots	Peas
DESSERT	Rhubarb Crumble Ice Cream	Lemon Cheesecake	Carrot Cake Milk	Strawberry Mousse Shortbread	Banana Cake Milk
WEEK 2					
MAIN COURSE	Pork & Ginger Noodle Stir Fry	Lasagne, Salad & Crusty Bread	Roast Turkey/Stuffing Roast Potatoes	Chicken Chasseur Steamed Rice	Fish Pie
VEGETARIAN MAIN COURSE	Macaroni Cheese	Vegetable Tacos Fruity Couscous	Vegetarian Quorn Pasta Bolognese	Halloumi & Vegetable Kebab in Pitta/Salad	Mushroom Risotto
VEGETABLES	Mixed Vegetables	Farmhouse Vegetables	Carrots Cabbage	Carrots Broccoli	Peas Sweetcorn
DESSERT	Crunchy Summer Crumble / Ice Cream	Pear & Chocolate Pudding / Custard	Plum & Yoghurt Cake Apple Juice	Oat & Raisin Cookie Milk	Blueberry Muffin
WEEK 3					
MAIN COURSE	Chicken Enchilladas Potato Wedges	Pork Spaghetti Meatballs	Roast Beef/Yorkshire Pudding/Roast Potatoes	Moroccan Chicken & Apricots/Couscous	Salmon Fishcake Chips
VEGETARIAN MAIN COURSE	Vegetarian Quiche New Potatoes	Stuffed Jackets Baked Beans	Quorn Risotto	Pepper, Spring Onion & Mushroom Fajitas	Vegetable Stromboli Chips
VEGETABLES	Vegetable Sticks Sweetcorn	Vegetable Sticks Broccoli Carrots	Carrots Parsnips	Farmhouse Vegetables	Peas Sweetcorn
DESSERT	Eve's Pudding Custard	Fruit Jelly Ice Cream	Pineapple Upside Down Pudding/Custard	Fruity Flapjack Milk	Mango & Banana Muffin

A DAILY SELECTION

Yoghurts • Fresh Fruit • Oaty Biscuits • Muffins • Fruit Jelly Pots • Flapjacks • Water • Milk • Fruit Juice

AVAILABLE DAILY

Yoghurts • Fresh Fruit • Salads • Jacket Potatoes • Wholemeal Bread • Salad Bar

AVAILABLE DAILY

THE FILLING STATION KEY STAGE 2 CHILDREN ONLY	Pasta king Various toppings Assorted Sandwiches, Wraps and Salad Bowls	Quesadilla Assorted Sandwiches, Wraps and Salad Bowls	Assorted Sandwiches, Wraps and Salad Bowls	Pasta King Various Toppings Assorted Sandwiches, Wraps and Salad Bowls	100% Cod Fish Finger Wraps Assorted Sandwiches, Wraps and Salad Bowls
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