**Organising Home Learning Tasks**

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| **Approximate Time** | **Focus** | **Ideas** |
| **Before 9am** | **Get prepared for the day ahead** | * Get out of bed!
* Have a good nutritious breakfast
* Get dressed / Brush your teeth!
 |
| **9:00 – 10:00am** | **Wake those brains up!** | * Join Joe Wicks for his daily PE workout at 9am

https://www.youtube.com/user/thebodycoach1/videos* Gets some fresh air
* Solve some Sudoku puzzles
* Complete some Brain Gym activities
 |
| **10:00 – 10:45am** | **Lets Learn – Part 1!** | * Daily English or Maths Activities

(*Detailed on school website along with recommended websites*) |
| **10:45 – 11:15am** | **Refuel those brains!** | * Grab a snack & drink and have some time-out.
* Listen to David Walliams read some of his hilarious stories each day from 11am

<https://www.worldofdavidwalliams.com/elevenses/> |
| **11:15 – 12:00pm** | **Lets Learn – Part 2!** | * Daily English or Maths Activities

(*Detailed on school website along with recommended websites*) |
| **12:00 – 13:00pm** | **Lunch Time...** | * Think ahead - What are you having for your lunch today / tomorrow?
* Help to prepare your lunch

(*Think about the ‘Eat Well Plate*)* Make sure you tidy up after yourself!
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| **13:00 – 14:00pm** | **Lets get making, researching and experimenting!** | * Explore the experiments, research tasks and other activities detailed within your weekly blog.

\*\* Why not take a photograph and e-mail it to  me for our ‘Class Recommendations’ page  on the school website. |
| **14:00 – 14:45pm** | **Keep Active!** | * Get some fresh air
* Do some gardening
* Make a jigsaw
* Do some baking
* Listen to music
* Sing / Dance.... *Endless possibilities!*
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| **14:45 – 15:30pm** | **Daily Duties** | * Times Table Rock Stars
* Learn spellings
* Read, read, read...
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Here is a suggested timetable to help you keep some structure to your child’s day. This isn’t a definitive guide, it’s just my thoughts on how I might try to do things if I was trying to educate from home.

Mums and Dads, please remember that these are just suggestions that may be useful to you. I'm very aware that many of you are working as well as trying to be educators. Be kind to yourselves and let the children play, watch TV or relax while you get the things that you need to done; then, find little pockets of time when you can try to do some focused work together. And please don't worry if this doesn't happen every day!