

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>					
<b>MAIN COURSE</b>	Spaghetti Bolognese	Thai Chicken Curry	Roast Pork Stuffing Balls Roast Potatoes	Chicken Casserole Creamed Potato	100% Cod Fish Fingers
<b>VEGETARIAN MAIN COURSE</b>	Mushroom Risotto	Vegetable Ravioli	Roast Quorn	Cheese & Pepper Wraps/potato wedges	Quorn Burger
<b>VEGETABLES</b>	Peas Sweetcorn	Mixed Vegetables	Carrots Broccoli	Farmhouse Vegetables	Chips Peas
<b>DESSERT</b>	Iced Cake Milk	Semolina Fruit Purée	Cheese Cake	Fruit Crumble Ice Cream	Oaty Fruit Cookies Milk
<b>WEEK 2</b>					
<b>MAIN COURSE</b>	Pork Sausages New Potatoes Baked Beans	Lasagne, Crusty Bread & Salad	Roast Turkey Stuffing Balls Roast Potatoes	Chicken, Bacon & Leek Fricassée Steamed Rice	Salmon & Sweet Potato Fish Cake
<b>VEGETARIAN MAIN COURSE</b>	Macaroni Cheese	Vegetable Tacos Fruity Couscous	Roast Quorn	Sweet n Sour Vegetable Noodles	Pizza
<b>VEGETABLES</b>	Mixed Vegetables	Farmhouse Vegetables	Carrots Green Beans	Carrots Broccoli	Chips Peas Sweetcorn
<b>DESSERT</b>	Fruit Salad/Ice Cream or Cheese & Biscuits	Pear & Chocolate Pudding / Custard	Plum & Yoghurt Cake Apple Juice	Oat & Raisin Cookie Milk	Blueberry Muffin Milk
<b>WEEK 3</b>					
<b>MAIN COURSE</b>	BBQ Chicken Wraps Vegetable Rice	Spaghetti Meatballs	Roast Beef Yorkshire Pudding Roast Potatoes	Moroccan Chicken & Apricots/Couscous	Scampi
<b>VEGETARIAN MAIN COURSE</b>	Quiche Potato Wedges	Stuffed Jackets Vegetable Sticks	Roast Quorn	Spinach & Ricotta Pasta	Cheese Paninis
<b>VEGETABLES</b>	Vegetable Sticks Sweetcorn	Broccoli Carrots	Cabbage Carrots	Farmhouse Vegetables	Chips Peas
<b>DESSERT</b>	Eve's Pudding Custard	Semolina Fruit Sauce	Chocolate Orange Crunch	Jelly & Ice Cream	Fruit Flapjack

## A DAILY SELECTION

Yoghurts • Fresh Fruit • Oaty Biscuits • Muffins • Fruit Jelly Pots • Flapjacks • Water • Milk • Fruit Juice

## AVAILABLE DAILY

Yoghurts • Fresh Fruit • Salads • Jacket Potatoes • Wholemeal Bread • Salad Bar

## AVAILABLE DAILY

<b>THE FILLING STATION</b> <small>KEY STAGE 2 CHILDREN ONLY</small>	Quesadilla Assorted Sandwiches, Wraps and Salad Bowls	Assorted Paninis Assorted Sandwiches, Wraps and Salad Bowls	A selection of Sandwiches, Wraps and Salad Bowls	Pasta King Various Toppings Assorted Sandwiches, Wraps and Salad Bowls	100% Cod Fish Finger Wraps Assorted Sandwiches, Wraps and Salad Bowls
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