

Reception Home Learning

Topic

Dentists are another health profession who look after our health. A dentist looks after our teeth and gives us advice about how to keep them healthy.

1. Look at the powerpoint attached - meet Buddy, he is a friend of all dentists and will help teach you how to look after your teeth .
2. Now you have looked inside your own mouths and practised cleaning your teeth well, could you set up you own dentist surgery and invite some family members to come so that you can check their teeth for them?

Think about the different items a dentist would need:

A mask

Gloves

A mirror

A timer

A chair..... Can you think of anything else?

3. Many foods contain hidden sugars. We know sugar is bad for our teeth but sometimes we think we are eating healthy food and drink but it actually has lots of sugar in! You would be surprised how much sugar is in certain items. Todays experiment is to find out how much sugar is in each of these items listed below and weigh that amount of sugar out on your scales and place in a small bag. You don't need to have these items in the house- have your adult help you to look them up on the internet, the sugar content will be listed. You will measure the sugar in:

A bottle of water

A tin of beans

Frijj Milkshake

Fruitshoot

Granola bars

Flavoured greek yoghurt

Oat so simple Quakers porridge with syrup

Which item had the most sugar in?

Which item had the least?

Where you surprised about your findings?





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Communication and Language

Last week we offered our thanks to those emergency service workers who help to keep us safe.

This week it is important that we offer our thanks more than ever, to those people who, during this year, have worked harder than ever before to keep us all safe and healthy.

Do you all remember placing your rainbows in the windows and your scarecrows in the front garden to say a big thank you to the NHS?

Your job for today is to create your own way of saying thank you once again for all that the NHS do to look after us...the doctors, nurses, carers, porters, cleaners, dentists, radiographers, counsellors, catering staff.. The list is huge!

We have been thinking about being healthy and 'tasting the rainbow' this week - can you create some transient art using real life fruit and vegetables? The **symbol** of thank you for the NHS is a rainbow and a heart. Let's see what you come up with and display this proudly in your windows to show your appreciation! Please do send us pictures of your creations so we can also display them in our classroom windows ready for you to see when you come back to school.

Last but not least, thank YOU Children and parents for working so hard at home! we have loved seeing all of your hard work and appreciate all of your lovely and kind comments. We can't wait to see you all back at school on Monday.

Please watch your class teacher's videos as they welcome you back!

