

KS1						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A	Multi-Skills (C)	Circuit Training (T)	Football (C)	Gymnastics (T)	Cricket (C)	Rounders (T)
	Fundamental Movements (T)	Modified Team Games (C)	Dance (T)	Attacking & Defending (C)	Striking & Fielding (C)	Athletics (C)
Year B	Multi-Skills (C)	Circuit Training (T)	Football (C)	Dance (T)	Cricket (T)	Rounders (T)
	Fundamental Movements (T)	Modified Team Games (C)	Gymnastics (T)	Attacking & Defending (C)	Striking & Fielding (C)	Athletics (C)

(C) – Coach Led Session
(T) – Teacher Led Session

LKS2						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A	Fundamental Skills (T)	Rugby (T)	Football (C)	Net & Wall Games (C)	Striking & Fielding (C)	Athletics (C)
	Multi-Skills (C)	Modified Team Games (C)	Dance (C)	Swimming (C)	Swimming (C)	Swimming (C)
Year B	Fundamental Skills (T)	Rugby (T)	Gymnastics (C)	Net & Wall Games (C)	Striking & Fielding (C)	Athletics (C)
	Multi-Skills (C)	Modified Team Games (C)	Football (T)	Swimming (C)	Swimming (C)	Swimming (C)

	UKS2					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A	Hockey (C)	Tag Rugby (C)	Football (C)	Gymnastics (C)	Tennis (C)	Cricket (C)
	Swimming (C)	Swimming (C)	Swimming (C)	Netball (C)	Rounders (T)	Athletics (C)
Year B	Dance (C)	Tag Rugby (C)	Football (C)	Netball (C)	Rounders (C)	Cricket (C)
	Swimming (C)	Swimming (C)	Swimming (C)	Yoga (T)	Tennis (T)	Athletics (C)